



Massage Treatments

Foot, Leg & Ankle Massage	30min R250
Back, Neck & Shoulder Massage	30min R330
Back, Neck & Shoulder Massage	45min R390
Back, Neck & Shoulder Massage	60min R500
Fusion Massage	60min R500
Aromatherapy	60min R500
Swedish Massage	60min R500
Swedish Massage	90min R700
Deep Tissue Massage	60min R550
Reflexology	60min R500
Hot Stone Massage	60min R550
Hot Stone Back, Neck & Shoulder Massage	30min R390
Back Cleanse	R350

Body Sense Man

Pensioners Cut	R140
Hot Towel Shave & Haircut Combo	R300
Gents Cut	R170
Kiddies Cut	R100
Beard Trim & Shave	R120
Clipper Cut	R110
Head Shave	R150
Hot Towel Shave	R250
Beard Trim	R80
Threading	R60
Threading Full Face	R180

Combo Treatments

Dad & Lad	R250
Beard Trim Including Shave	R120
Hair Cut & Hot Towel Shave	R350
Hair Cut & Beard Trim	R220
Nose or Ear Wax	R65
Nose & Ear Wax	R120
Stream, Scrub & Shave	R350



Body Sense

Hair & Beauty

Revitalize. Renew.

Body Sense Hair & Beauty
Harbour Bay Mall, Shop G15 & G16

Main Road, Simonstown

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@bodysensesimonstown

TREATMENT MENU

Pranes and Combo Deals

Massage & Mani Monday

R100 off on all 60/90 min Massages
15% off on all Manicures

Toes Tuesday

15% off on all Pedicures
15% off on Pedit Peels

Wax Wednesday

10% off on all Wax Services

Choose Your Chill

R690.00 per person (2 Hrs)

Choose three (3) items from the list below and tailor-make your package with a glass of bubbly

* 30-minute Back / Foot / Indian Head Massage

* Express Manicure / Pedicure

* Express Facial / Wash & Blowdry

Stress Relief

R750.00 per person (2 Hrs)

* 60 min Aromatherapy Back, Neck & Shoulder or Full Body Massage

* 30 min Foot Massage

* 30 min Indian Head Massage

Metro Man (2 Hrs)

R750 per person

Express Facial, 30-Min Massage, Pedicure & Manicure



PROBIOTIC SKINCARE